



PREVENTIVE NOTICE OF TRAVEL TO CHINA FOR PNEUMONIA OF UNKNOWN ETIOLOGY

09 | January | 2020

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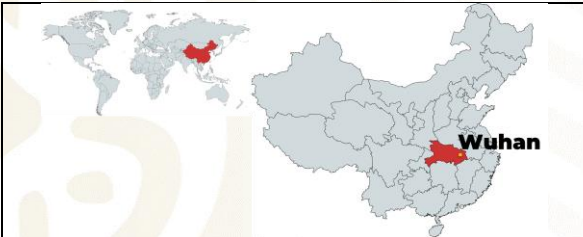
Key points:

- The Municipal Health Commission of Wuhan, China, issued a report on December 31st 2019 in which it referred to an **outbreak of pneumonia. The causative agent has not yet been identified or confirmed or the transmission mechanism.**
- As of January 9th, 2020, health commissions in China have reported a total of 77 cases of pneumonia, most of which are of unknown etiology, with no deaths.
- Travelers to Wuhan, China, should avoid contact with live or dead animals, animal markets and sick people.
- Local authorities reported negative laboratory results for seasonal influenza, avian influenza, adenovirus and two specific coronaviruses (SarS and Middle East Respiratory Syndrome (MERS)).
- Preliminarily, the Chinese authorities have determined that it could be a new coronavirus, the investigation is still ongoing.

Risk Level

Level 2: MEDIUM
Use prevention measures in this destination.

There is no travel restriction to China, however, preventive measures need to be applied if you travel to some of the affected areas.



Symptoms:

- Fever, and shortness of breath.
- Others such as coughing, sneezing, muscle aches, general discomfort and headache may occur.
- **Radiological signs** of interstitial infiltrations.

Affected Countries:

- **China**

Before your Trip:

- Avoid non-essential travel to this destination.
- **There is no travel restriction to China**, however, preventive measures need to be applied if you travel to some of the areas affected by the pneumonia outbreak.
- Make sure you are up-to-date on your routine vaccines before the trip according to your group of age.
- **Maintain and strengthen** general prevention and contact measures to avoid getting sick, even when the causative agent is not known.

During your Trip:

- **Wash your hands frequently**, especially after contact with animals, living or dead, or **people** who may be **sick** or **infected**. Use soap and running water for at least 20 seconds. Also, you can use 70% alcohol gel-based solutions for hand cleaning.
- Eat only **well-cooked foods** and drink **water** that has been disinfected or commercially bottled.
- Use the inside of your elbow when coughing or sneezing.
- **Avoid crowded places** or events where a large number of people attend.
- **Avoid live or dead animals, animal markets**, and products that come from animals such as raw meat.
- **Avoid contact with sick people.**
- Use **surgical mask** covering your nose and mouth, if you can't avoid some of these situations.
- If you get sick during your stay, seek medical attention; avoid self-medicating.

After your Trip:

- If you have traveled to China or Wuhan and on your return to Mexico have signs and symptoms of the disease, seek immediate medical attention and refer your travel record.

Additional Information:

• Secretaría de Salud	www.salud.gob.mx
• Organización Mundial de la Salud	https://www.who.int/csr/don/05-january-2020-pneumonia-of-unkown-cause-china/en/
• Centros para la Prevención y Control de Enfermedades	https://wwwnc.cdc.gov/travel/notices/watch/pneumonia-china

For any doubt you can contact the EPIDEMIOLOGICAL AND HEALTH INTELLIGENCE UNIT at 55 5337-1845 or 800-0044-800, where you will be attended by highly trained staff 24 hours a day.